



PLANNING AND STRATEGY MANAGEMENT

Building an Agile Mindset and Being Agile in the Workplace

Professional training programme



SPARK TRAINING

Professional training courses for leaders, specialists, and organizations seeking practical capability development.

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— Workshop Overview

In today's rapidly evolving work environment, where cost-cutting and resource scarcity are prevalent, managing conflicting priorities and maintaining a work-life balance can be challenging. The pressure to stay motivated amidst setbacks, negative feedback, and tight deadlines, coupled with the need to meet rising expectations from both internal stakeholders and customers, can be overwhelming. This Building an Agile Mindset and Being Agile in the Workplace training course is designed to help participants shift their mindset and attitude towards change, enabling them to proactively manage tasks, meet deadlines, and achieve team objectives. Through the course, you'll gain inspiration and motivation to build positive relationships, continuously improve your skills, and enhance career satisfaction. By developing these competencies, you'll foster active engagement and pave the way for sustainable success in a competitive landscape. This training course will feature:

- The concept of agility
- The agility mindset and what it means
- Five different ways in which to be agile
- How to achieve organizational agility
- The essence of an agile leader

Why Attend

This course uses instructor-led sessions, guided discussion, and practical exercises built around Day One: Agility as a Concept, Day Two: Personal Agility, Day Three: Organisational Agility – Part I, and day four: organisational agility – part ii.

Who Should Attend

Professionals who wants to improve cross-functional collaboration
Department heads, supervisors and managers leading others
Professionals who have an interest in a leadership position
Anyone who wants to achieve personal growth

— Learning Objectives

- Understand the agile mindset and how it is used to grow
- Apply agile behaviours in your everyday tasks
- Identify your own weaknesses and to use feedback for personal transformation
- Effectively utilize the tools to inform and influence organizational agility
- Identify key stakeholders and how to build relationships that support agility
- Motivate and engage employees to face challenges with positivity and dedication

— Course Outline

DAY
1

Day One: Agility as a Concept

- Definition of “agility”
- Definition of a “mindset”
- The difference between being agile and doing agile
- The history of doing agile
- The benefits of being agile

DAY
2

Day Two: Personal Agility

- How agile are you
- What are your core beliefs?
- Characteristics of a fixed mindset
- Characteristics of a growth mindset
- Practical examples, case studies and role-play

DAY
3

Day Three: Organisational Agility – Part I

- What is an agile organisation?
- What is holding organisations back
- What are the risks of being agile?
- The path to organizational agility
- Practical examples, case studies and brain storming

DAY
4

Day Four: Organisational Agility – Part II

- Different ways in which to be agile
- Identifying opportunities for organizational growth
- How and why traditional projects fail
- Organisational barriers and how to overcome them
- How can agile behaviours be demonstrated
- Practical examples, case studies and brain storming

DAY
5

Day Five: Be an Agile Leader

- Raising self-awareness: analyze past behaviours
- What is holding you back
- How do you break through?

- Characteristics of an agile leader
- Personal development plan
- Being part of the agile movement

— Upcoming Classroom Dates

DATE	LOCATION	FEE
5 - 9 October 2026	Rome - Italy	€2,125
12 - 16 October 2026	Istanbul - Türkiye	€1,425
9 - 13 November 2026	Rome - Italy	€2,125
16 - 20 November 2026	Kuala Lumpur - Malaysia	€1,400
7 - 11 December 2026	Barcelona - Spain	€1,925
14 - 18 December 2026	Istanbul - Türkiye	€1,425
18 - 22 January 2027	Barcelona - Spain	€1,925
15 - 19 February 2027	London - United Kingdom	€2,100

— Certificate and Registration

Participants who attend and complete the full programme receive a SPARK Training Certificate of Completion. For registration, in-house delivery, or availability questions, contact info@sparktraining.eu or +31 85 115 0004.