



LEADERSHIP AND MANAGEMENT

Leadership, Creativity and Peak Performance

Course code: LM-032

SPARK TRAINING

Professional training courses for leaders, specialists, and organizations seeking practical capability development.

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— Workshop Overview

High-performing organizations need leaders who can inspire people, unlock creativity, and consistently deliver strong results. In rapidly changing environments, leaders must encourage innovation, improve team motivation, and build cultures that sustain excellence. This course equips participants with practical tools to strengthen leadership impact, develop creative thinking, and drive peak individual and team performance.

Why Attend

This course uses an interactive and practical approach through presentations, self-assessments, case studies, group discussions, creative workshops, leadership exercises, and real workplace examples.

Who Should Attend

Managers and Supervisors
Team Leaders
Department Heads
Project Managers
HR and Learning Professionals
Future Leaders
Anyone seeking stronger leadership and

— Learning Objectives

- Strengthen leadership effectiveness and influence
- Develop creative thinking and innovation skills
- Build high-performance teams and cultures
- Improve motivation and employee engagement
- Apply tools for productivity and performance excellence
- Enhance problem-solving and decision-making capability
- Manage pressure while sustaining results
- Create a personal peak performance action plan

Course Outline

DAY
1

Leadership Foundations for High Performance

- Meaning of effective leadership in modern organizations
- Leadership styles and their business impact
- Building trust, credibility, and influence
- Leading with purpose and clear direction
- Emotional intelligence for leaders
- Self-assessment of leadership strengths

DAY
2

Creativity and Innovation in Leadership

- Understanding creativity in business environments
- Barriers to innovation and how to remove them
- Techniques for idea generation and problem solving
- Encouraging innovation within teams
- Turning ideas into practical improvements
- Exercise: Creative solution workshop

DAY
3

Building Peak Performance Teams

- Characteristics of high-performing teams
- Creating accountability and ownership
- Motivation drivers and engagement techniques
- Coaching teams for stronger results
- Managing conflict and collaboration effectively
- Exercise: Team performance simulation

DAY
4

Personal Productivity and Performance Excellence

- Time and energy management for leaders
- Prioritisation and focus techniques
- Decision-making under pressure
- Managing stress while maintaining results
- Continuous improvement habits for success
- Measuring personal and team performance

DAY

5

Sustaining Success and Leadership Growth

- Building a culture of excellence
- Recognising and rewarding high performance
- Leading change and continuous innovation
- Developing resilience and adaptability
- Creating a personal leadership growth roadmap
- Final action planning and course review

— Upcoming Classroom Dates

DATE	LOCATION	FEE
5 - 9 October 2026	Amsterdam - Netherlands	€2,125
12 - 16 October 2026	London - United Kingdom	€1,925
9 - 13 November 2026	Barcelona - Spain	€2,125
16 - 20 November 2026	London - United Kingdom	€1,925
7 - 11 December 2026	Barcelona - Spain	€2,125
14 - 18 December 2026	Istanbul - Türkiye	€1,925
21 - 25 December 2026	Amsterdam - Netherlands	€2,100
4 - 8 January 2027	London - United Kingdom	€2,100

— Certificate and Registration

Participants who attend and complete the full programme receive a SPARK Training Certificate of Completion. For registration, in-house delivery, or availability questions, contact info@sparktraining.eu or +31 85 115 0004.